



NOVEMBER 3, 2022, EDITION

## HEADLINES

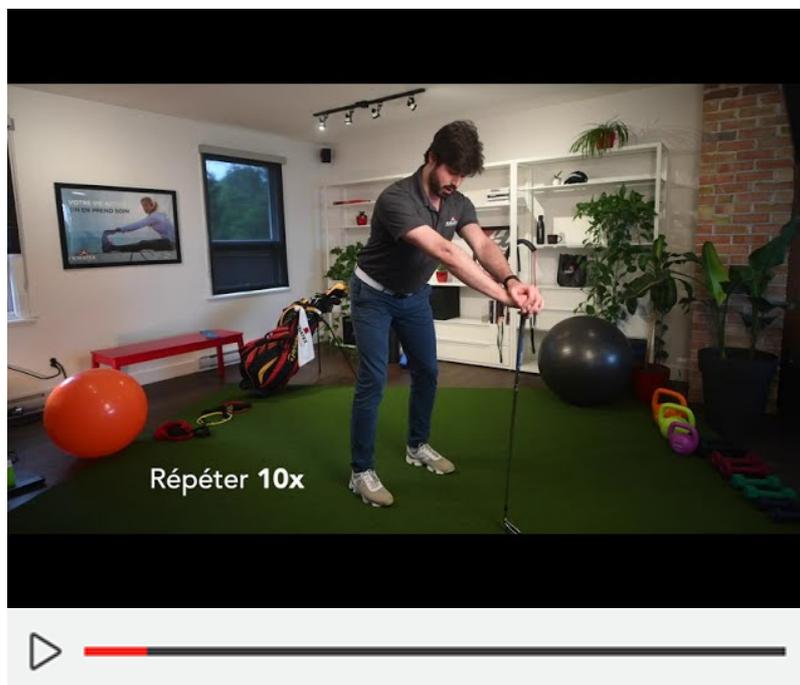


### Golf-études Is Quite Popular in the Mauricie Region

At Les Estacades Academy, the number of student-athletes in golf has doubled this year. It is in the Mauricie region that the [Golf-études program](#) has recorded its strongest growth. [See the Radio-Canada report](#) (in French).

### Kinatex podcast | Pelvis rotation

Vincent Benoit, a TPI certified physiotherapist at [Kinatex Sports Physio](#) in Boucherville, presents an exercise to repeat a few times to improve your pelvis rotation which helps maintain your balance when you swing (in French).

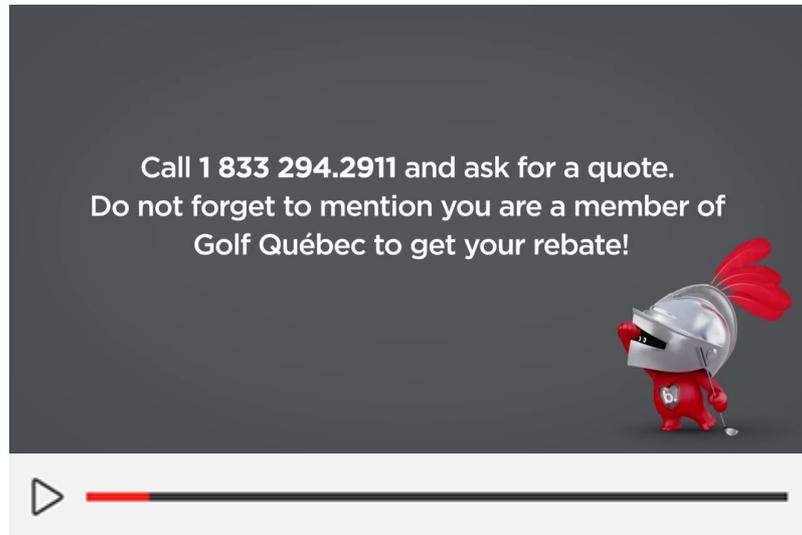


View the golf program of [Kinatex Sports Physio](#), exclusive partner of Golf Québec's "physiotherapy and rehabilitation services" and of the Golf-études program.

## COMPETITIVE ATHLETES AND EVENTS

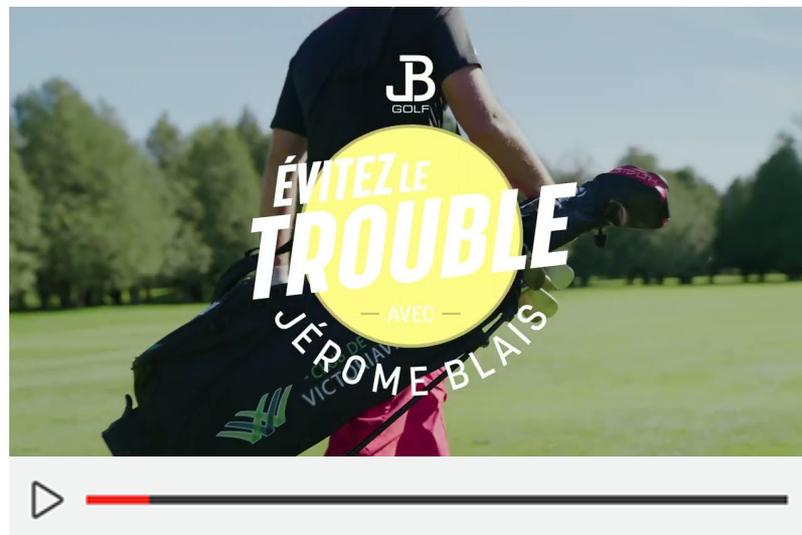
### Élizabeth Labbé Keeps on Shining

The University of British Columbia hosted the [West Coast Collegiate Championship](#). Québec's **Élizabeth Labbé** (Lorette) took 3rd place and her team dominated the competition.



## TIPS FROM THE PGA OF QUÉBEC PROS

### Avoiding Trouble With Jérôme Blais | Episode 5



## NEWS IN BRIEF



### Special General Meeting

On November 17, the Québec Golf Federation (Golf Québec) will be holding a **Special General Meeting** for its members to ratify its new General By-laws. Our Member Clubs are invited to look out for our upcoming communications and to register a delegate to vote on the matter.

### 3rd Edition of the Québec Survey on Volunteerism

To identify the new needs of our volunteers, the Ministère de l'Éducation, the Réseau de l'action bénévole du Québec (RABQ) and the Ministère de la Culture et des Communications du Québec have mandated the Université du Québec à Trois-Rivières to conduct a survey on the expectations, motivations and requirements of volunteers in relation to their involvement. Those who are involved in the golf industry are invited to participate **before November 15**. Please note that these surveys are in French.

[Survey for volunteers of the industry](#)

## What you experience in your sport is important

Integrity protection policy, rules and procedures



Integrity protection policy,  
rules and procedures



### Obituary | Adrien Bigras Passed Away

Golf is in mourning following the death of **Adrien Bigras** on the night of October 31 at the Saint-Eustache Hospital. He was 85 years old. A true legend in the industry, he was inducted into the Québec Golf Hall of Fame in 2005. The Golf Québec team joins its administrators and volunteers in extending its condolences to his family and friends.



### Obituary | Charles Cardinal Passed Away

Golf Québec was saddened to learn today of the passing of **Charles Cardinal**. This exceptional man worked actively in the establishment of the Fédération québécoise de golf in 1996 (now Golf Québec) and the golf coach training program. Many coaches in the province, including many in the Golf-études program, benefited from Mr. Cardinal's expertise and knowledge. We extend our deepest condolences to his family and friends.



### Job Offer | General Manager at Beloeil

Founded in 1923, Club de Golf Beloeil enjoys an extraordinary geographical location as it is situated on the South Shore of Montréal, in the heart of the city of Beloeil. They are currently looking for a dynamic person to join their team and take on the role of General Manager. [Read more](#) (in French).



### Job Offer | Executive Chef at Le Blainvillier

Located on the north shore of Montréal, in the heart of an immense natural woodland, Le Blainvillier is a private 36-hole golf club with a reputation for excellence. Under the supervision of the General Manager, they are looking for an individual to fill the position of Executive Chef who will be responsible for providing a high quality culinary experience to the club's members and leading the entire kitchen staff. [Read more](#) (in French).



## RULES OF GOLF

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## Increase Your Understanding of the Rules of Golf

There has never been a better time to brush up on and improve your knowledge of the Rules of Golf. Golf Canada's Rules Education Program offers a fun, easy and **FREE** way to learn Rules of Golf basics. [Read more](#).



## Change Your E-mail Address in Two Easy Steps

You have been receiving our newsletter for some time? Are you about to change your e-mail address? To avoid missing out on our communications, you should proceed in two simple steps.

1. First of all, you must delete your old address by unsubscribing. **There is a link to this effect in the footer of all our newsletters.**
2. Then, simply [re-subscribe on our website](#) using your new e-mail address.

That's it!

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e-Golf Québec covers the activities of the Québec Golf Federation, our sport development programs in the province of Québec, as well as our partners' offers and activities. By subscribing, you accepted to receive messages from Golf Québec partners provides additional funding to support good for the game initiatives such as First Tee - Premier départ Québec, the training of community golf coaches, and the Golf-études program. Thank you for supporting golf in Québec.

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